

How to complete an orienteering course.

Start at Charles Plimmer Park, top end Marjorie Banks Street,

Maps available ; Freyberg Pool , Kilbirnie Pool, Wellington i-site Visitor centre, 4994444, 8024860,
Online at wn.orienteering.org.nz

The Map; represents a detailed interpretation of the terrain. Study the legend to understand the map.

The scale on this map is 1:5000 which means that one centimetre on the map is 50 metres on the ground.

The Check points ; Circles on the map indicate the features where check point plaques are placed. These plaques are orange and white and have a number in the lower right and two letters in the upper left. When you get to a check point copy the letters into the correct numbered box below. You can check that you completed the course correctly by checking this series of letters on the club website.

The course; Courses are a series of check points which you visit in a certain order. They vary in length and difficulty. Allow 30 minutes for the short course and up to 60 minutes for the long.

Hints: Orient your map to match the ground. Look around and line up features you can see like pathways, roads and fences. Navigate to your first check point.

Check point series;

Course A: 20-21-22-30-29-28-43-42-41-45-20 (15-20 mins)

Course B: 20-21-22-28-27-25-36-24-23-32-41-45-20(20-30 mins)

Course C: 20-22-31-28-27-25-24-42-33-34-35-37-40-49-48-46-20(30-60 mins)

Course D 20-22-31-28-29-25-24-42-32-34-37-39-49-46-41-20 (Harder 30-45mins)

20	21	22	23	24	25	26	27	28	29
30	31	32	33	34	35	36	37	38	39
40	41	42	43	44	45	46	47	48	49

For more information on orienteering in the Wellington region please visit our website.